



Yoga Glow Holiday PJ Party

Friday, December 18th

Legion Hall, 5850 Goodrich Road

For Kids in Grades K - 5

6:00 - 8:30 p.m.

\$25 per child, Siblings are \$20.

Wear your favorite pajamas, if you'd like, and join Miss Donna from Kidding Around Yoga for this very **FUN** night! We will have a yoga class with games, music and stories, make a beautiful yoga inspired holiday craft, enjoy yummy treats, and do some "glow in the dark yoga" too! We will spread joy to others this holiday season by making something special for nursing home residents. We will end the class with a wonderful relaxation activity that your kids will enjoy.

This is the "perfect parent's night out".

Drop the kids off and enjoy a few hours to do your holiday shopping!

Pre- registration is required. Space is limited.

Deadline for registration is December 11th.

Please register through the Clarence Youth Bureau.

www.clarence.ny.us

(716) 407-2162

For more info, please visit www.kiddingaroundyoga.com/donna.

